

# COMMUNITY RESOURCES

During COVID-19, because  
Together We Thrive.



VISIT US ONLINE [KENNETHYOUNG.ORG](http://KENNETHYOUNG.ORG)

KennethYoungCenter

@KYC\_egv

kyc\_egv



## TELE-THERAPY

Kenneth Young Center Therapists are now doing tele-therapy!  
The following groups have been added in response to COVID-19

- **Emotional Support Groups for:**
  - (1) Middle Schoolers
  - (2) High Schoolers
- **Psycho-Educational Group for youth ages 13-18**
- **E-Learning Support for**
  - (1) Middle Schoolers and
  - (2) High Schoolers

*All groups are meeting via Zoom, effectively immediately.*  
**For more information call (847)-524-8800.**

*If you are concerned that a child or adolescent is experiencing a psychiatric crisis and may be in imminent risk of harm to themselves or others, call the CARES line immediately at (800) 345-9049.*



**CALL FOR  
CALM**

GET CONNECTED TO A LOCAL MENTAL HEALTH PROVIDER ANYWHERE IN ILLINOIS

**TEXT "TALK" or "HABLAR" to 552020**

YOU ARE NOT ALONE.

TO CONNECT WITH KENNETH YOUNG CENTER DIRECTLY CALL (847)524-8800

## RECOVERY SUPPORT SERVICES

### Narcan (Naloxone) training and supplies for the community

For more information on how to receive supplies, or setup a free Narcan training, contact Daryl Pass at (224)- 229- 7456.

### SMART Recovery Meetings, via Zoom

SMART Recovery is a peer-led, non-clinical program aimed for participants to achieve a healthy, positive and balanced lifestyle change while navigating substance use/alcohol dependence and other addictive behaviors.

**Adults (ages 18+) - Saturdays 10am-11:30am**

**Youth (up to age 18) - Thursdays 4:30pm-6pm**

**LGBTQ+(ages 17+) - Thursdays 6:30pm-8pm**

*For more information on Kenneth Young Center's SMART Recovery meetings and how to register, visit <https://www.cpydcoalition.org/smart-recovery>.*



# LGBTQ+ CENTER, VIRTUAL HANGOUTS FOR YOUTH AND YOUNG ADULTS



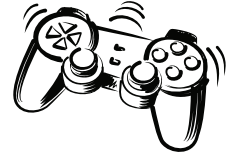
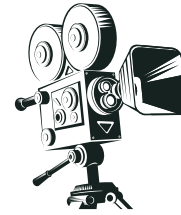
Looking to stay connected? Join our LGBTQ Center, Rainbow Room virtual hangouts on Zoom!

## Queer Movie Night

Fridays from 5p-8p

## Queer Game Night

Saturdays from 5p-8p



Email our coordinators at [LGBTQCenter@kennethyoung.org](mailto:LGBTQCenter@kennethyoung.org) to register and receive the Zoom event link!



Need a little extra help during these difficult times? Access our LGBTQ Resource Guide at [cpydcoalition.org/resource-guide](http://cpydcoalition.org/resource-guide) or scan/take a picture of the QR Code to the left with your camera.



## TEENS: WE UNDERSTAND THESE ARE DIFFICULT TIMES, AND WE ARE HERE FOR YOU!

Check out our teen resource guide to get connected with resources in your community! Visit [www.cpydcoalition.org/resource-guide](http://www.cpydcoalition.org/resource-guide) or take a picture or scan the QR code to the right.



SCAN ME

## UNUSED OR EXPIRED PRESCRIPTION MEDICATION

If you have unused or expired prescription drugs in your home, it is important to discard them, to avoid misuse of the medications. Amidst COVID-19, there are still places in your community that you can discard your prescription drugs. To name a few, the Schaumburg Police Department and Elk Grove Police Department are open 24/7 with drop-off boxes located in the main lobby of the departments.

For more drop-off locations, visit <https://www.cpydcoalition.org/drug-take-back>.

If you or a loved one is struggling with substance use, call the Illinois Helpline at 833-2FINDHELP.



Need Help?  
1.833.2FINDHELP  
[www.helplineil.org](http://www.helplineil.org)



Safe Disposal  
Is Important!

